

YOUTH MENTAL HEALTH FIRST AID

WITH CARRIE BROCKWAY & CHRISTY SCHWEITZER

Mental Health FIRST AID
from NATIONAL COUNCIL FOR MENTAL WELLBEING

Recognizing when a young person is struggling with their mental health and knowing how to respond can make all the difference.

Are you ready to offer that support?

CHOOSE FROM TWO DATES!

2026

Saturday, November 14!

- ⏰ **Time: 8:30 AM – 3:30 PM**
- 🎟️ **Cost: $40**
- 🎓 **Credit: 8 PDHs**
- 📍 **Location: ROE4**

Register by Novemeber 11!

SCAN ME

2027

Friday, March 5!

- ⏰ **Time: 8:30 AM – 3:30 PM**
- 🎟️ **Cost: $40**
- 🎓 **Credit: 8 PDHs**
- 📍 **Location: ROE4**

Register by March 2!

SCAN ME